

# The Bethany Villager



## January is National Blood Donors Month

*The Red Cross recognizes and thanks the millions of blood donors who roll up their sleeves to help patients in need.*

January is National Blood Donor Month, a time when the Red Cross recognizes and thanks the millions of donors across the United States who roll up their sleeves and donate blood through the American Red Cross.

January can be a difficult month for blood donations. Inclement weather can cause blood drives to be cancelled and seasonal colds and flu can keep donors at home, yet the need for blood continues. The stability of our nation's blood supply is in the hands of healthy, volunteer blood donors who give generously for patients in need.

The Red Cross encourages all donors to make a New Year's resolution to give blood regularly to help ensure a stable supply. By donating blood regularly, you make vital contributions to modern healthcare and help save lives.

### **How to Donate Blood**

Simply call 1-800-RED CROSS (1-800-733-2767) or visit [redcrossblood.org](http://redcrossblood.org) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license, or two other forms of identification are required at check-in.

Individuals who are 17 years of age (16 with parental permission in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.



### **January Statistics**

- January 1<sup>st</sup> Average High 47°
- January 1<sup>st</sup> Average Low 27°
- January 31<sup>st</sup> Average High 34°
- January 31<sup>st</sup> Average Low 17°
- Sunrise on January 1<sup>st</sup> – 7:36 AM
- Sunset on January 1<sup>st</sup> – 4:45 PM
- Sunrise January 1<sup>st</sup> – 7:23 AM
- Sunset on January 31<sup>st</sup> – 5:19 PM
- Day Length on January 1<sup>st</sup> – 9 hr., 9 min
- Day Length on January 31<sup>st</sup> – 9 hr., 56 min



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## The Courtyards Annual Door Decorating Winners

Congratulations to Kathy Buczek, Mary Enderle, Markie Layton, Diane Green, Krista Ammerman and Paula Leonard!



*Kathy Buczek & CEO Tom Santobianco*



*Winner Diane Green's Door*



*Winner Mary Enderle & CEO Tom Santobianco*



*Winner Markie Layton's Door*



*Winner Mary Enderle's Door*



*Markie Layton*



*Winner Krista Ammerman's Door*

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## The Manors Ugly Sweater Contestants



Winner Paula Leonard's Door

### New Year's Quotes

#### Jay Leno

Now there are more overweight people in America than average-weight people. So overweight people are now average... which means, you have met your New Year's resolution.

#### Bill Vaughan

An optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves.

#### Brooks Atkinson

Drop the last year into the silent limbo of the past. Let it go, for it was imperfect, and thank God that it can go.

#### Mark Twain

"New Year's is a harmless annual institution, of no particular use to anybody save as a scapegoat for promiscuous drunks, and friendly calls and humbug resolutions".

#### Joey Adams

"May all your troubles last as long as your New Year's resolutions!"

#### Edith Lovejoy Pierce

"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year's Day".



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## The Managers at the Manor

Would like to wish you a very prosperous  
New Year!



## Joke Corner

The local news station was interviewing an 80 year old lady, because she had just gotten married for the fourth time. The interviewer asked her questions about her life, about what it felt like to be marrying again at 80 and then about her new husband's occupation! "He's a funeral director," she answered. "Interesting," the newsman thought. He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living. She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her early 20s, then a circus ringmaster when in her 40s, and a preacher when in her 60s, and now in her 80s, a funeral director. Astonished, the interviewer looked at her and asked, "Why did you marry four men with such diverse careers?" She smiled and explained, "I married one for the money, two for the show, three to get ready and four to go."

## Famous Birthdays

- Roger Miller, January 2, 1936 (75)
- Robert Duvall, January 5, 1931 (80)
- Robert Stack, January 13, 1919 (92)
- Michelle Obama, January 17, 1922 (89)
- Betty White, January 17, 1964 (89)

## "I Believe"

I believe in sunshine;  
 But I cannot clasp its ray.  
 I cannot capture ocean tides;  
 Just watch them day by day.  
 I believe in thinking;  
 Yet no brick can think a thought.  
 I believe in loving;  
 Though love can't be boxed or bought.  
 I believe in gifts from God...  
 Diverse, yet clear... and thus;  
 I believe God's love enfolds, sustains and  
 blesses us!

*Peggy Ferrell  
Thank you to Eloise Gage for sharing*

## Did You Know??

- A mole can dig a tunnel 300 feet long in just one night.
- Antarctica is the only continent without reptiles or snakes.
- A hippo can open its mouth wide enough to fit a 4 foot tall child inside.
- Some ribbon worms will eat themselves if they can't find any food.
- Owls are the only birds that can see the color blue.



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## Pastoral Commentary

We put up our new calendars, we learn to write 2012 instead of 2011, but has anything really changed?

I used to really be irritated by New Year's Eve: All that silly hoopla over something artificial. What's real about a date, a division of time like a month or a year? And the countdown of the seconds is just silly. The "new year" is only there because we agree to it. It's not like a fact or a rock or something like gravity....those are real!

But, I decided this year, I don't dislike New Year's so much. I decided this year to embrace the chance to start again, even if it is artificial. I decided to really make the most of something I used to resist.

Remember forgiveness? Do you believe in it? That's a fresh start. Remember the new life that's offered us by God, over and over, every time we need it? Maybe New Year's is a good time to practice starting over again, starting fresh, trying again to get it right. Doing that takes courage. Anything new takes courage.

So, I challenge you: when you put up the new calendar, try putting up a new you! When you work on learning to write 2012 instead of 2011, try to make a change in your life, be more the person you were made to be. I will be trying right alongside you!

Rev. Mary Ann Bernard  
Director of Pastoral Care



## To Chase Away Those Wintry Blues with a Smile

- I'm retired – I am tired today and I was tired yesterday!
- When I was a young man I longed for a BMW. Now I don't care about the "W".
- I asked my Grandfather if old men wear boxer shorts or briefs. He said, "Depends".
- Why doesn't Campbells come out with a new senior soup with large type alphabet?

*Thank you to Virginia Casil for the smile!*



## Mark Twain - Strange Prediction

Mark Twain was born on the day of the appearance of Halley's Comet in 1835, and died on the day of its next appearance in 1910. He himself predicted this in 1909, when he said, 'I came in with Halley's Comet in 1835. It is coming again next year, and I expect to go out with it.'



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## Welcome to the New Bethany

### Village Employees

Jennifer Niles – C.N.A.  
 Chelsey Nicholson – C.N.A.  
 Ann Lowe – ECA  
 Kimberly Buchanan – ECA  
 Mary Myles – LPN  
 Michael Peterson – Sanitation Aide  
 Brittany Brooke – C.N.A.

### Auld Lang Syne

**Auld Lang Syne** by Robert Burns

Should auld acquaintance be forgot,  
 and never brought to mind?  
 Should auld acquaintance be forgot  
 and days of auld lang syne?

For auld lang syne, my dear,  
 For auld lang syne,  
 We'll take a cup o' kindness yet  
 For auld lang syne

We twa hae run aboot the braes  
 And pou'd the gowans fine;  
 we've wander'd mony a weary foot  
 Sin' auld lang syne

We two hae paidled i' the burn,  
 Frae mornin' sun till dine;  
 But seas between us braid hae roar'd  
 Sin' auld lang syne

And here's a hand, my trusty friend,  
 And gie's a hand o' thine;  
 We'll take a cup o' kindness yet  
 For auld lang syne

Should auld acquaintance be forgot,  
 and never brought to mind?  
 Should auld acquaintance be forgot  
 and days of auld lang syne?

For auld lang syne, my dear,  
 For auld lang syne,  
 We'll take a cup o' kindness yet  
 For auld lang syne

### Our Mission

*"We are one hand, one heart woven into the fabric of our community, reaching out to people at their point of need."*

### Contact Us:

Name: Phone Number: E-Mail Address:  
 Kathy Woodruff 607-378-6664  
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Lynne Gaylord 607-378-6519  
[gaylordl@bethany-village.org](mailto:gaylordl@bethany-village.org)

You can also call our main phone number at (607) 739-8711, 24-hours a day for additional help.

**Contact Maureen McLaughlin x6536 or Joan Schlappi-Allen x6534 to have "Skype" set up for you and your family to video chat. Try it! It is fun!**



Like us on Facebook to keep updated on the latest news and events!

**\*\*The newsletter is now available on our website! [www.bethany-village.org](http://www.bethany-village.org)**